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**Referral Guide for SRHC Orthopedic and Sports Medicine:  
Dr. Rump, Dr. Reilly, Caitlin Thornton, PA and Hali Harris, APRN: Orthopedic Surgery**

**Treatment Guide:** Please send referral to specific **provider workload**. If you are unsure of which provider it is ok to select one and we will align the patient and provider. **It greatly helps expedite patient care if the referring provider notes are completed and reflect specific reason/ goal for referral, and correct imaging is ordered.**

**SRHC Orthopedic Office Treats:** Patients with fractures, acute orthopedic injuries, pain/ ongoing orthopedic concerns, or patients that may require an orthopedic surgery (shoulders, total knees, total hips, arthroscopies, etc.) We offer MAKO assisted Robotic Replacement for total knees and hips.

- Patients that need conservative non-surgical treatments may referred to Dr. Pyle, Dr. Klug or physical therapy.
- Dr. Reilly does see **hand injuries** such as trigger finger, dupuytren's, duquervain's, wrist fractures, metacarpal fractures, tenosynovitis, and phalanx fractures.
- **Non-Emergent Fractures-** please make sure to splint/immobilize the fracture, will schedule follow up with one of our providers in ~7-10 days. We have to wait for swelling to decrease to be able to apply a cast.
- Patients that need conservative non-surgical treatments may referred to Dr. Pyle, Dr. Klug or physical therapy.

**Patients/ Conditions we typically refer elsewhere:** There can be exceptions to this so we will review on case by case basis.

- Chronic ankle/foot pain (Podiatry)
- Painful totals by an outside surgeon. We prefer them to be seen first by their surgeon.
- Post-Operative second opinions. We prefer them to be seen first by their surgeon.

Hip and knee pain, candidates for THA or TKA: Need to have BMI <40

**SRHC Orthopedics and Sports Medicine DOES NOT TREAT:**

- Lesions or bone cysts
- Below Knee Amputations
- Back pain
- Hip labrum
- Diabetic foot ulcers
- Charcot foot
- Infections not requiring an evaluation for possible I&D
- Lacerations without tendon/ligament/bone involvement

**Guide for Orthopedic X-Ray Views:** It greatly improves and expedites patient care if they have the below imaging done prior to their appointment.

- Shoulder- AP/ Scap Y/ Axillary/ Grashey
- Knee- Bilat Standing AP/ LAT/ Bent knee/ Sunrise, LAT comparison view opposite knee
- Forearm- AP/LAT
- Wrist- AP/ LAT/ OBL
- Hand- AP/ LAT/ OBL
- Finger- AP/ LAT/ OBL
- Tib/Fib- AP/LAT
- Ankle- AP/ LAT/mortise view
- Foot- AP/ LAT/ OBL
- Toe- AP/LAT/OBL
- Hip- AP/ LAT/ AP pelvis
- Pelvis- AP, LAT, inlet, outlet, judet
- Clavicle- Bilat AP/ 45 degree cephalic angle

## Referral Guide for SRHC Orthopedic and Sports Medicine:

### **Dr. Pyle and Dr. Klug: Sports Medicine Non-Surgical**

**Treatment Guide:** Please send referral to specific **provider workload**. If you are unsure of which provider it is ok to select one and we will align the patient and provider. **It greatly helps expedite patient care if the referring provider notes are completed and reflect specific reason/ goal for referral, and correct imaging is ordered.**

- Conservative (Non-surgical) treatments for acute or chronic orthopedic injuries/ conditions, musculoskeletal injuries, and sports medicine. Athletic/ other orthopedic injuries that may not require surgery.

#### **Procedures/ Treatments:**

- Sports related injuries
- Concussion Management
- Sprains, strains, pain, and injuries of ankle, hip, knee, hand, wrist, elbow, shoulder, neck, and upper back.
- Joint injections
- Coolief
- Tenex
- PRP injections
- Percutaneous dry needling
- Percutaneous Needle tenotomy
- General sports medicine: Fatigue, anemia, exercise induced asthma, nutrition, other sports related concerns.
- Aviation Medical Examiner Class 2 and 3.

#### **Dr. Pyle and Dr. Klug DO NOT TREAT:**

- Scoliosis over 25 degrees
- Bunions

**Guide for Needed Orthopedic X-Ray Views:** It greatly improves and expedites patient care if the patients have the below imaging done prior to their appointment.

- Shoulder- AP/ Scap Y/ Axillary/ Grashey
- Knee- Bilat Standing AP/ LAT/ Bent knee/ Sunrise, LAT comparison view opposite knee
- Forearm- AP/LAT
- Wrist- AP/ LAT/ OBL
- Hand- AP/ LAT/ OBL
- Finger- AP/ LAT/ OBL
- Tib/Fib- AP/LAT
- Ankle- AP/ LAT/mortise view
- Foot- AP/ LAT/ OBL
- Toe- AP/LAT/OBL
- Hip- AP/ LAT/ AP pelvis
- Pelvis- AP, LAT, inlet, outlet, judet
- Clavicle- Bilat AP/ 45 degree cephalic angle